Senedd Cymru Y Pwyllgor Plant, Pobl Ifanc ac Addysg

Ymchwiliad i effaith argyfwng Covid-19 ar blant a phobl ifanc yng Nghymru

COV - 10 Ymateb gan: Unigolyn Welsh Parliament Children, Young People and Education Committee

Inquiry into the impact of the Covid-19 outbreak on children and young people in Wales

**COV - 10** 

Response from: Individual

Just wanted to give my thoughts on the current situation.

My husband and I have a 4yo boy who ordinarily attends a private nursery Tues - Thurs, and has done since he was 12m. He also attends an afternoon session at a school nursery every weekday. We also have a 20m girl who ordinarily attends the same private nursery Tues-Thurs. I work Tues-Thurs as a solicitor. My husband works every weekday from home.

The children regularly see my mother in law but have not done so for 2 months now. My family live far away but were due to visit in April for my son's birthday and so we have not seen them in a really long time. We have also had to postpone his first ever children's birthday party.

After 3 stressful weeks of us both working from home whilst also caring for the children, I was furloughed. Whilst this has eased the pressure slightly, cracks are definitely showing. My little boy is clearly missing his routine. He has been behaving terribly and is not sleeping well. We are all losing patience with each other and really need a break from each other. The current situation is not sustainable for much longer. Everyone's mental health is suffering and it can only get worse. Something needs to change, soon.

Happy to answer any further questions.